

A Little Book
Given By
Holy and Eternal Mother Wisdom
Obtained By
Mother Lucy's Request

Wisdom's Valley

**The United Society of Believers in
Christ's Second Appearing
(The Shaker's)**

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**Come and see us at
Zion's Center of Union in
the Kingdom of God on Earth:**



The Shakers of Sabbathday Lake “Chosen Land”

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New Gloucester, Maine 04260**

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Have you already read Mother Lucy's Sayings?

Mother Lucy's Request

1. Thus saith the Voice of Eternal Wisdom, better is a morsel with quietness than abundance with strife; hear ye O My people, and understand this saying.

2. How oft have I beheld the abundance of Zion as it relates to thy temporal stores, and I would have each and every one of you My children examine and see how ye have treated the blessings of God, bestowed upon you in such an abundance, yea I would have all examine closely their hearts in relation to these things, and see what manner of spirit has been upmost in all your goings forth in relation to those outward and temporal blessings, which flows from the Almighty giver of all good, who has power to bestow or withhold at His pleasure.

3. How little have ye considered this O My people! How often have I beheld you surround the table of the Lord, and what think ye I beheld upmost in your minds which occupied your whole attention? Was it not to see wherewith ye should find to satiate your appetite with that which pleased your taste, and if ye found it not would you not grow disturbed and ruffled in your minds and kneel down before the Lord with a spirit of unreconciliation in your hearts lest your appetites should not be served to your minds?

4. Truly saith the Voice of Wisdom this have I beheld in some, yea in many. And what was your prayer when ye bowed down in an outward form previous to receiving the blessing of God? Again do I ask, what was the prayer and desire of your hearts? Did ye desire the Lord of heaven the giver of all good, to bless and sanctify that which ye were about to partake of, and did ye bless and sanctify it in your hearts; or did ye curse it and reject it as being unfit for you to receive?

5. O saith the Voice of Wisdom! What a shocking spectacle have I beheld in this place and in this line, how shall I recompense thee O ye people if ye repent not for these things and turn to God and acknowledge in an acceptable manner His manifold blessings unto you; and be able to use the blessings of this life in an acceptable and Godly manner, as not abusing the mercies of a just and Holy God. Some of you palm your unreconciliation upon others in this way and say, the Lord provides sufficient, and has blessed us as a people with a plenty, and this I do acknowledge with gratitude unto Him and say the Lord always performs His part, but it is the manager's that are in the fault; they manage so poorly that no one can come to the table without feeling a degree of nature, but the Lord does well, I am not complaining of His mercies towards us in no wise.

6. And thus and thus do they plead and crook and wind about when the bottom of all is neither more nor less than an unreconciled and unhappy spirit, ever at variance and at war with the way and Order of God, not subject to His law or requirements in any wise.

7. I speak these things not to bring up that which is past and already put away in no wise; if it were already put away, would I not bring it forward, but I say unto you with sorrow that much remains in this place to be repented of before the blessings of God like the gentle dew will descend upon some. Lo, I find this spirit remaining, but I have condemned it, yea, I have cursed it in the children of My Zion but all have not returned with Me to curse that which I curse.

8. O My people, arise and behold with Me your Holy and Eternal Mother, yea behold the evils which have been committed in this place in the line of cooking and managing the blessing which God in His mercy has bestowed upon His people.

9. The trials and hard feelings, the disputes and contentions, both in relation to those who are stationed in the kitchen departments and those who are without, have reached the throne of the Almighty, and a heavy woe hath He pronounced upon all those who will not arise and separate themselves from such evils as have prevailed in this line. You must henceforth walk in peace and quietness one with another, befriending each other in the bands of Gospel Love and affection, dwelling together like innocent lambs of the fold, instead of harboring a spirit which would cause you to use harsh words and unfriendly language one to another, having no friendship in your hearts towards your companions, except it be a partial friendship towards some one or two, and in this way combine together in a spirit of enmity against the remainder of your companions in hand labor. And in this divided way spending your time day after day, with words and actions base and fowl, did evil spirits around you prowl. How have My Holy Angels grieved and My guardian spirits wept, who have been sent to guard and be a shield around My little flock.

10. But O how vain was all their tender cares, so long as souls remained intertwined in tares or grown with weeds of nature's passion base, which caused the gentle flowers of peace to be choked. But O My precious children one and all, I warn you, yea I warn you with a Mother's call, come out from thence and seek no more for food as this while on this mortal shore.

11. Reject the bane of discord base and foul, and let it go to feed the ravenous beasts which around you howl; eager to receive some portion at thy hand, to satisfy the rage their hunger doth demand. Return to Satan all his goods, cryeth the Holy One; no more reserve his filthy rags, My Zion to adorn, for lo, My Zion shall arise in brightness clear, and those who dwell within her walls shall walk in Godly fear, adorned with flowers of Love and Peace Divine, like gentle lambs in innocence combined.

12. Now My little children one and all, receive this word of Mine and meet Me at My call, although sharp words I've spoken to thee in language plain and firm, yet by the Voice of Wisdom was it framed and uttered by a Mother's tongue, that ye might all be wise, and evil shun and forever be Mine in the mansions sublime in the never ending world which is to come.

13. And now unto you, O My children, hear ye and hearken unto My Voice; and I thy Holy and Eternal Mother will counsel thee, and in My own name will I speak unto thee,

concerning your departments O ye that are called to be the daughters of My Zion below, and labor as stewards in My house, that ye fail not to know the mind and will of your Holy and Eternal Mother as it respects your duty in all things and ye that disobey henceforth know ye, ye shall be beaten with many stripes. For My Zion must arise and come forth and her glory must shine abroad, and the indwellers thereof must be clothed with uprightness and adorned with the keeping of the beautiful Orders of the Gospel and obeying the regulations and requirements thereof.

14. And the soul that is not willing to come forth into the increasing work of Order, and purification, being thankful for the privilege so to do, and is eager for every crumb to help you on your journey by discovering unto you the crookedness of your ways and by straightening your paths, that ye may henceforth be able to walk in a more acceptable manner unto God; I say if ye are not willing to come up, to the increasing Order of Mount Zion lest ye should find no room nor space for your crooked windings; know ye, ye are none of Mine, and My Spirit hath no place in you.

15. For I require nothing of My children but that which will add to the comfort and peace of everyone who desires to increase and become living and faithful souls in the work of their God.

16. And thus do I commence to instruct you My little ones. I have instructed all from their rising in the morning until their retiring to rest at evening, yea even the family at large both Brethren and Sisters. But My word unto you at this time is in a particular manner to My daughters, ye that are called to work in the line of cooking either in the family's kitchen, or other cooking establishments wherein ye are called to have dealings one with another and to handle the blessing of God as stewards in His house.

17. Many, many, base disorders have been practiced in this place and abominations untold have been committed here which have not as yet been put away and the stains washed from My sight by repentance.

18. But know ye, I thy Holy and Eternal Mother have cursed these things and the soul that retains them to practice hereafter know ye, ye retain My curse at My hand, for that which I have cursed do ye harbor and by it shall ye perish and die.

19. And now unto you, O My children after so long a time if ye will hear, harden not your hearts, in My Wisdom will I speak unto you of no new doctrine but the same which ye have been taught from the beginning that do I enjoin upon you one and all. When the Elders or whosoever may be called to lay out the kitchen turns and have laid out their number according to their best judgment, let there be no judging of the matter. Neither spend ye your time in useless conversation giving your opinion either way. Be ye not a prying into the matter to find out who is going into the kitchen when it does not immediately concern you.

20. If anyone wishes to receive information concerning this matter let them go where they can receive correct information. Also, if they labor under any trials concerning the matter, let them go where they can receive a remedy in the line of Order. And this I do strictly enjoin upon one and all, so that henceforth the confusion, unprofitable conversation and the misunderstandings may be done away with.

21. Let no one be heard inquiring about at random to find out who is going into the kitchen. How have I beheld with displeasure some who would begin to inquire perhaps nearly a week before the remaining turn was out, to find out who was going in the kitchen, and would perhaps obtain a small hint, and then begin to spread the news, and before the Elders had any perfect knowledge or had decided in their minds, who it was best to have, news without end would be in circulation, many trials rehearsed over, many opinions given, many harsh words spoken and many mistruths told. Yea and all of this performed unbeknown to your Elders, except by chance they obtained some knowledge of the matter.

22. And now saith the Voice of Wisdom! Let this manner of going be done away with and ye that would be My children, repent of these things and do them no more. If ye seek knowledge go to your Elders and when obtained, keep it to yourself except ye are required to communicate it by them. And if this counsel ye keep, ye will do away a multitude of idle and useless, yea far worse than useless conversations and this is My word concerning the matter.

23. And again harken to My Voice, ye that are called and chosen by your lead to compose the kitchen turn. When ye assemble before your Elders to receive their word previous to going into the kitchen, assemble in the solemn fear of God with your hearts prepared to receive good instruction and when ye receive their word, let it become a law unto you and abide by it throughout your kitchen turn and if ye transgress their word, confess it before ye assemble to worship God and when their word is finished unto you, thank them for their good counsel; and go ye forth in your duty and let your steps be marked with the fear of God.

24. Fear to transgress the mind and will of His anointed ones and their word unto you, and ye that are given to contention, bridle well your tongues. And ye that are given to selfishness put it away and become liberal one with another.

25. Hold no separate interest or divisions to debar you from supporting a free and friendly communion one with another. Place no bars of separation between the different departments of the kitchen to prevent a free correspondence in your union and work in order to prevent you from sharing each others afflictions and sympathizing in each others hardships, if circumstances require it. And this one thing I do enjoin, that ye open no trials one to another, that ye harbor no envying's one against another, for in this ye open a door to let in evil spirits and by this means your peace is destroyed and the blessing is lost, but if there be offenses, for offenses must need come, go ye straight way to your Elders and open the matter and there leave it, and return ye in quietness and let this suffice, make no further words concerning the matter. Counsel

with no one whither it be best for you to go to the Elders, neither rehearse ye the matter when ye return to anyone, but go ye quietly about your duty having peace with all.

26. And ye that behold disorderly behavior in the kitchen either between Brethren and Sisters, or Sisters and Sisters, or one alone, know ye, ye become accountable for this and if ye cover it ye become defiled thereby and become partakers in it. Much conversation in the kitchen more than is really necessary becomes a loss, and this I do forbid, even all unnecessary communication with the Brethren. Defile not the house of God with the voices of Brethren and Sisters echoing from the kitchen through the halls. Their voices have been distinctly heard even to the garrets; but let this be wholly done away, make no conversation with a Brother or with Brethren, no further than to do a necessary errand, and this do ye in the fear of God.

27. Let no conversation be held outside in warm weather, which has been the case many times; Brethren assembling in the yard where the Sisters have placed themselves to do some kitchen errand and many times for the very purpose to attract attention and support a very unprofitable union, of which ye have not repented to My acceptance. But let this be no more the case henceforth and forever, make no conversation further than to do a reasonable errand and further than this ye do not have My blessing.

28. All gathering to the kitchen, or about the kitchen, or about the kitchen doors from the shops any further than to do a reasonable errand, except ye have a duty to perform, I do forbid, for I never beheld any good proceed from it, but to the reverse, much evil. Therefore in My Wisdom do I forbid it, all gathering to public places for releasement and for chat, to spend time in that which is worse than lost, I do forbid.

29. All manner of hoarding up dainties, making provision to justify a selfish and craving appetite beyond that which ye would be willing to have known to your Elders, or beyond what ye would be willing to have recorded in the heavens, know ye it is displeasing in My sight and I do forbid it, either to be practiced by those in the kitchen, or to be handed out by them to others either Brethren or Sisters is an abomination in My sight. I call it neither more nor less than feasting the flesh. And let this be wholly done away, for lo, I behold the flesh hath waxed fat in this way in many. Yea, I sat let it be wholly done away.

30. Ye that work in the kitchen let your meals be plain, simple and comfortable and whatsoever cometh more than this, cometh of evil. For the people of God are not called to live sumptuously every day and feast themselves upon dainties. I do not say all are given to this evil, but some there be who fear not God in this respect, neither do they fear to violate His Holy Order to obtain means to gratify their appetites and this do I speak to the shame and condemnation of some, but let this evil be washed away, never more to be practiced in Zion.

31. And henceforth let the fear of God mark your steps in relation to your dealing with that which is entrusted to your care and make a Godly use of it, that which ye will be willing to meet when time shall be no more with you.

32. Always remember this and teach it to those who shall come after you. Never rob the Lord's table of that which He has provided for His people in order to gratify and support that which is selfish and one sided, and that which is not according to strict justice and equality, measuring with an unequal hand, weighing with an unjust balance, which is an abomination in the sight of the Lord. And let this be sufficient and if ye still lack instruction or a right understanding, go to your Elders and there seek information. But this I do require that the practice of reserving the lust of everything to sacrifice to idols be kept behind. They that are wise will understand this saying. I speak this not to bring any present accusations against anyone but this I do enjoin to be remembered henceforth by all who wish to be considered true and faithful stewards in the house of God, and thus does My word close on this subject.

33. Ye that are called to bear the burden in the different departments of the kitchen, a heavy responsibility rests upon you during your term or stay therein, and this I would have all understand and lay to heart; for you become responsible for the keeping of the Gospel in your respective departments, ye become responsible for the use of everything which is placed under your care, even for everything ye destroy or suffer to come to loss by neglect ye become accountable and unto those who humble not their souls, and to the anointed render a strict account of all the loss which has come during their turn either by breaking, bruising or any abuse to furniture in any way, melting of pots and the like, abuse of brooms, mops and all such manner of loss, which comes by neglect for want of a careful saving spirit, I say for all this ye must render an account to your Elders.

34. I do require a strict account to be given, and ye that neglect to do this know ye your reward with your account will be measured unto you, in the world which is to come, a reward which will add in no wise to your happiness and comfort, for henceforth will I harbor no wasteful profligate in my house, for the profligate have I cursed and ye that harbor this spirit henceforth know ye, ye become cursed thereby and ye retain My curse at My hand and if ye continue to harbor this and indulge therein, by it shall ye wither and fall to rise no more, for I say unto one and all, woe be to those who retain My curse, ye that retain that in your hearts which I have cursed, woe be unto you. And ye that are called as cooks to manage the stores of provision which are brought into the kitchen for the people of God, that which ye have received by His mercy and blessing know ye a heavy responsibility rests upon you.

35. For lo, abominations untold as yet by those who committed them have been committed in this line and in this place, by extravagance and deception, for loads, yea great amounts have been given out to the poor and to the cattle which will never yield the blessing of God in return, for with the hand of wastefulness and extravagance was it measured out and many times secretly and unbeknown to the Elders or the Deaconesses, for the want of care and good economy, and with a lavish hand have they scattered and wasted the precious blessings of God. And know ye for all these things shall ye be brought into judgment, for it is written in a Book never to be blotted out except by confession and repentance.

36. And now saith the Voice of Wisdom, let this no more be known in this place, and ye that are given to cook with a lavish hand thinking the poor and the cattle may take the remainder, I say beware, beware, for this openeth a door for extravagance and will end in loss.

37. And beware how ye teach this to the youth, for this spirit is not of My planting neither do I own it in any wise, and I have cursed it and cursed let it remain, and let there henceforth be no underhanded means taken to convey provisions from the kitchen either to the dumb creatures, or to the poor, but save ye all that is edible either for human or animals.

38. But if ye through accident meet with any loss which ye cannot remedy, make it known in the line of Order and according to their counsel and in this manner of proceeding ye stand in justification and no loss of soul or body shall be counted unto you.

39. But unto them that secretly make way with the blessings of God, unless they by confession and repentance become restored, they shall receive their reward in Eternity and it shall be this: four fold shall they repay in deep tribulation by the hard earnings of their soul, until they have paid the utmost farthing.

40. This is My word concerning those who hear My word and obey it in relation to wasting and destroying the blessings of God. And furthermore do I add, let nothing which is edible for man go to the beasts, unless it be in union and sanctioned by those who have a right so to do; and let no one, unless they are appointed, take judgment into their own hands to decide in this matter or say what is suitable or not to be conveyed to the beasts. Much saith the Voice of Wisdom is to be gained in this place before ye can fulfill the requirements of your blessed Mother Ann, or be able to walk in her footsteps.

41. And in relation to cleanliness in the kitchen departments, ye are an abomination in My sight. O how often have I beheld your halls and your places indecent for mortals and much more for immortals to view and ye at the same time spending your time in idle conversation, or in that which required not your immediate attention.

42. Now saith the Voice of Wisdom, hear ye and harken unto My words. Great has been the abomination in regards to a sluttish idle and slothful spirit, and let this henceforth be an abiding standard that ye seek no ease nor rest until ye know all is well and your house is set in order decent and comely for mortals or immortals to view and let there be no idling away time, delaying your work unnecessarily, but be ye diligent with your hands and devoted in your hearts to do the work which ye are called to do, as doing it unto God, not as deceitful workers in His house as eye servants, but as true and faithful inheritors of His promises, that whatsoever ye do may end in the Honor and Glory of God, and accomplish the peace and salvation of your souls.

43. And this have I counseled you in My Wisdom and in My never ending Love and tender compassion, that ye might forsake the path of error and strife and cleave to the path of righteousness and peace.

44. These are My words which I have spoken unto you to guide your steps while here below and may all receive My word and henceforth choose the straight and narrow path which leads to Endless Life.

45. And this My closing address unto you one and all is to be remembered henceforth as the words of thy Holy, Holy and Eternal Mother, who will hold you responsible for the keeping of the same, and ye that expect to meet Me in peace in the Eternal World, know that ye have got to abide by My word unto you and make it your pleasure so to do. Else will I have no pleasure in you; neither will I own you in any wise. And thus closes My Eternal word unto you.

From your Holy and Eternal Mother Wisdom

A Word From Mother Lucy

46. Thus says your ever blessed Mother Lucy, who is ever hovering around her little flock, know ye, O my people by the fervent prayers of your blessed Mother Ann and through the daily intercession of me, your Mother, was this communication obtained by thy Holy and Eternal Mother Wisdom and in Her own name did I, thy Mother request it to be given, that it might be an abiding standard of rectitude in this place, not to be trampled upon with impurity, but to be regarded as the Sacred requirements of the Holy and Eternal Mother of all. And this is My request if in union with the anointed ones; if this word meets their approbation, let it be copied in a Little Book by itself and read to the Sisters in this family as often as they in their wisdom may think proper.

47. This is my request and if ye like, ye may call this Little Book:

Mother Lucy's Request

48. For by my request was it copied by a mortal hand and it is also my request that the counsel which it contains may be regarded by one and all. And if this ye do, can ye fail to please your Holy and Eternal Mother? Can ye fail to please your ever blessed Mother Ann? Can ye fail to please me your faithful friend and Mother who watches over you with an anxious heart who daily cries to God for you?

49. Truly ye cannot fail to please all that is before you if ye regard and treasure up all which has been given unto you to help you on journey, and hasten your travel home to God.

50. And thus do I close my word unto you, receive it in Love and in remembrance of your blessed **Mother Lucy**.

Words of the Holy Angel

51. Thus saith the Holy Archangel. I the Holy Angel do witness that this word is correctly written by a mortal hand and with pleasure do I behold it written and brought to mortal view, and with the seal of my Holy and Eternal Mother will I seal it, and thus it is sealed.

Shaker Communities

THE PROPHECY

A Worldwide Kingdom of God and Zion of His Likeness on Earth (Daniel 2:44).

FOUNDER

Ann Lee, the Bride of Christ (1736-1784) of Manchester, England.

BASIC PRINCIPLES

Virgin Purity, Peace, Justice and Love

Expressed Through: Celibate Life, Complete Confession and Forsaking of all Sin,
Non Resistance, Community of Goods and Divine Order.

BELIEFS

Duality of the Deity, Father and Mother God (Power and Wisdom). The Mighty Dual Spirit,
Creator of Life, Light, Truth and Love. Duality of the Christ Spirit, as manifested by Jesus Christ
and Ann Lee, Immortal Life, Progress of the Soul, Faithfulness, Lawfulness,
Equality of the Genders, Equality in Labor, Equality in Property, Temperance in all things,
Justice and Kindness to all Living Beings.

GOVERNMENT

The Head of the Shaker Order is Christ.
Represented in a Dual Order of Leaders, Ministry Elders and Trustees.

COMMUNITY

Serious Minded and Competent individuals who vow to never deny
the Father God, the Mother Wisdom, the Son Jesus Christ or the Daughter Ann Lee.

SHAKER MOTTO

Hands to work, and Hearts to God.—ANN LEE

Zion's Center Of Union

